

# The Glory of Prevention -

Keeping Europeans Healthy in Times of Change

Brussels · 11 October 2023 · 5:30 PM Thon Hotel EU · Rue de la Loi 75, 1040 Brussels



Dear Ladies and Gentlemen,

Today, we still focus on "repair medicine". But we know that prevention - for many reasons - is better than curing. What can we do to keep Europeans healthy? How does research in this field work - and how does it differ from research on diagnostics and treatments?

Helmholtz addresses key challenges in health and prevention is a priority:

How can we establish the basis for preventive medicine – and how do we translate our knowledge from the lab into clinical practice?

Together with experts from different fields, we will discuss and showcase how researchers, policymakers, and communicators combine their skills to promote health. Innovative examples from lung health, cancer, and neurology (incl. Alzheimer and ALS) will underline the potential of (personalized) prevention in Europe.

We are sure you have many additional questions in mind. We will literally make room for that and you are welcome to ask our experts yourself!

I look forward to an inspiring meeting and to a lively exchange of ideas.

Kind regards,

Otmar D. Wiestler
President of the Helmholtz Association

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Please register before 5<sup>th</sup> October 2023



## **Program**

05:30 Get together

06:00 Welcome and moderated talk with

• Otmar D. Wiestler, Helmholtz President

#### Policy impulse

Ole Johan Bakke, Vice-President of the Standing Committee of European Doctors

Pioneering Precision Prevention with NextGen Data Science: Sustainable Health for Europeans impulse

• Matthias Tschöp, Helmholtz Vice-President for Health & CEO of Helmholtz Munich

Round table: The value chain of prevention - Translating knowledge to policy and our life

- Erika von Mutius, Helmholtz Munich
- Ursula Will, Prevention Outpatient Clinic at the German Cancer Research Center

#### Policy impulse

Alexandru Costescu, European Commission/DG RTD

Round table: Different approaches to prevent neurological disease

- Dieter Edbauer, German Center for Neurodegenerative Diseases (DZNE)
- Gabi Kastenmüller, Helmholtz Munich

07:30 "Ask the expert!" and reception

Moderated by Kristine August, Helmholtz Office Brussels

### Helmholtz in Numbers

45,000

5.9 bn.

18

National labs are dedicated to the big questions of our time every day. ~13,000

Internal and external scientists from all over the world