

Childcare information sheet

-O3 children-

Other care is always a challenge for children. They are separated from their parents for a longer period of time and have to get involved with new, unfamiliar people and trust them. This is often associated with an unfamiliar environment, new impressions. As parents, you can prepare your child for this and make the difficult step easier for them.

1. Inform your child at an early stage that they will be looked after by someone else for a short time. Tell your child the name of the caregiver.
2. If possible, explain to your child the reason for the external care (e.g. daycare center is canceled, parent has to work, etc.).
3. Also tell your child the time at which you will be picking them up and the location where you will be staying. This will give your child a certain security.
4. Take a few minutes on the day of care to accompany the first contact between your child and the caregiver.
5. It can also be helpful if you give the child something familiar (e.g. cuddly toy, blanket, photos, etc.).
6. Tell the caregiver about your child's particular likes and dislikes. In this way, the caregiver can adapt to the respective needs of the child.
7. If your child has certain allergies or suffers from a particular illness, you must pass this information on to the caregiver.
8. Childcare by the FZJ may not be used if the child to be cared for is ill. This also applies to minor infectious diseases, which preclude the child from attending school or kindergarten.
9. As a matter of principle, you should be available by telephone at during the entire childcare period and be able to guarantee the collection of your child in an emergency.